

This listing of claims will replace all prior versions, and listings, of claims in the application:

Listing of Claims:

1. (previously presented) A whistling punching bag, comprising:
 - (a) a punching bag,
 - (b) a compressible pneumatic target mounted partially inside the surface of said punching bag and partially outside the surface of said punching bag, and
 - (c) a whistle, and
 - (d) means for sounding said whistle when said compressible pneumatic target is struck by the user.
2. (original) The whistling punching bag of Claim 1 wherein said compressible pneumatic target is in the shape of a hemisphere outside the surface of said punching bag and in the shape of a hemisphere inside the surface of said punching bag with a narrower section transfixing the surface of said punching bag.
3. (original) The whistling punching bag of Claim 1 wherein said compressible pneumatic target is connected to said whistle by a pneumatic hose.

4. (currently amended) A whistling punching bag comprising:

(a) a punching bag [[,]] having a cover and filler material;

(b) a plurality of compressible pneumatic targets [[,]], on attached to said cover of said punching bag, and;

(c) a whistle operatively connected to each of the plurality of compressible pneumatic targets, and

(d) means for actuating said whistle when one or more of said plurality of compressible pneumatic targets is struck by the a user.

5. (currently amended) A whistling punching bag comprising:

(a) a punching bag having a cover and a filler material,

(b) at least one compressible pneumatic target attached to said punching bag [[,]] cover; and

(c) a whistle, and

(d) a pneumatic hose connecting said at least one compressible pneumatic target to said whistle.